

QUESTIONS TO ASK YOUR BARIATRIC PRACTICE

It is important to find a bariatric practice that offers you the support you need to achieve a healthier life. Please use the following guide as a roadmap to selecting a bariatric practice that is the best fit for you.

NAME OF PRACTICE

SUPPORT

What education classes are available?	<input type="checkbox"/> Nutrition <input type="checkbox"/> Other _____ <input type="checkbox"/> Grocery store tours _____ <input type="checkbox"/> Cooking classes _____ <input type="checkbox"/> Vitamin supplementation
Will you have access to the following resources before and after your surgery?	<input type="checkbox"/> Your surgeon(s) <input type="checkbox"/> Dietitians <input type="checkbox"/> Psychologists <input type="checkbox"/> Support groups <input type="checkbox"/> Access to patients who have already had surgery
Are you able to work with a nurse navigator, or someone who can guide you through the process step by step?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Can you purchase vitamins and supplements at the practice location?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Does this practice provide you with a comprehensive guide that explains each step of the process and can also serve as a lifelong reference manual for diet and nutritional guidance?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is this practice committed to lifelong follow up?	<input type="checkbox"/> Yes <input type="checkbox"/> No

EXPERIENCE

Are the surgeons Fellows of the American Society for Metabolic and Bariatric Surgery?	<input type="checkbox"/> Yes <input type="checkbox"/> No
What types of procedures are offered at this practice?	<input type="checkbox"/> Gastric Sleeve <input type="checkbox"/> Gastric bypass <input type="checkbox"/> Duodenal switch <input type="checkbox"/> SIPS (stomach intestinal pylorus sparing surgery) <input type="checkbox"/> Revisional bariatric surgery <input type="checkbox"/> Other _____
Are there other options for weight loss if you choose not to pursue bariatric surgery?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are the surgeons available for questions?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Does this practice perform more than 500 cases a year?	<input type="checkbox"/> Yes <input type="checkbox"/> No