

Weight Loss Surgery Check List

Use this check list to make sure you have everything in order for surgery.



Insurance

- ☐ Call your insurance company
- ☐ Verify bariatric surgery coverage (see Financial & Insurance Information)

Education Class

- ☐ Attend at least two education class meetings

Date _____

Date _____

Appointments

☐ Dietician

Three group classes before surgery approval

Date _____

Date _____

Date _____

☐ Bariatric Counseling (Psychology)

Name _____

Phone _____

Date _____

☐ Lab Work

Date _____

☐ Gastroenterologist

Consultation Date _____

Procedure Date _____

☐ Smoking Cessation (If Applicable)

Date _____

☐ Medical Clearance Form

Date _____

☐ 5-year Weight History Form

Date _____

☐ Sleep Study *(may need a second study if positive for sleep apnea)*

Location _____

Phone _____

Date _____

☐ Gallbladder Ultrasound

Date _____

☐ Other Referrals

Name _____

Date _____

Name _____

Date _____