

## Check list prior to first Orientation/Nutrition Class

Plan to arrive on time for your scheduled class. Once the class has started, **late arrivals will not be allowed to enter the classroom.** Orientation/Nutrition classes are only held on Wednesdays with arrival times at either 7:45am or 10:15am. Please allow extra travel time due to high traffic volumes.

### What to Bring to Orientation/Nutrition class:

- Completed paperwork from the folder you received at the information seminar or the paperwork that was mailed to you after scheduling your appointment. There is extensive paperwork to be completed. You will be asked to reschedule if you arrive without completed paperwork.
- Insurance Card(s)
- Photo ID

### What to do before your Orientation/Nutrition class:

1. Confirm with your insurance that you have Bariatric surgery and nutrition coverage. The following are codes that you can give to the insurance company to confirm your coverage.

- 43644-Laparoscopic Roux-En-Y Gastric Bypass
- 43775-Laparoscopic Gastric Sleeve
- 43659-Laparoscopic Duodenal Switch-Some insurances will not cover this surgery unless your BMI is 50 or above.
- 97804-Group Nutrition classes
- 97803-One on one nutrition sessions

2. Please try to bring any of the following reports with you to your Orientation/Nutrition class.

- Any lab work that was done within the last 2 months.
- Any Gastroenterology studies such as an Upper Endoscopy, Upper GI study, or a colonoscopy that was done within the last 2 years.
- Any previous sleep study reports. It does not matter when these were done.
- Cardiologist information
- Gallbladder Ultrasound-Any gallbladder ultrasound that has been done in the last 2 years.

### Financial Information:

- Co-pays are due at the time of service and will be collected at check-in.
- If you have an insurance plan that requires a referral from your primary care physician before being seen, then the patient will be responsible for obtaining this referral. You will be considered self-pay without this referral.
- All account balances, remaining deductible, and co-insurance amounts will need to be paid in full prior to scheduling surgery.
- Medicare patients will also need to read the Medicare information handout.